

**Fletcher Allen  
Adult Reconstruction Service  
HIP PAIN HISTORY**

**Name:** \_\_\_\_\_  
**DOB:** \_\_\_\_\_  
**Sex:** M F

**Age:** \_\_\_\_\_

(Please complete both pages of this form)

**Weight:** \_\_\_\_\_ lbs    **Height:** \_\_\_\_\_ **BMI:** \_\_\_\_\_ **Recent weight loss or gain?** Yes \_\_\_ No \_\_\_

**Which hip is bothering you?** Right \_\_\_ Left \_\_\_ Both \_\_\_  
**How long has it bothered you?** Right \_\_\_ Days \_\_\_ Months \_\_\_ Years \_\_\_  
Left \_\_\_ Days \_\_\_ Months \_\_\_ Years \_\_\_

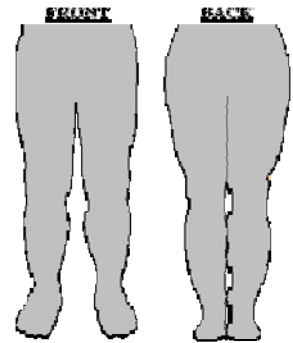
**Occupation:** \_\_\_\_\_ **Length of time at this job?** Years: \_\_\_ Months: \_\_\_ Days: \_\_\_  
**Previous Job History:** \_\_\_\_\_ Years \_\_\_\_\_

**DID YOU HAVE A SPECIFIC INJURY?** Yes \_\_\_ No \_\_\_

If yes, date of injury: \_\_\_/\_\_\_/\_\_\_ Where? \_\_\_\_\_

Describe how it happened? \_\_\_\_\_

If no, describe onset: Sudden \_\_\_ Gradual \_\_\_ At Night \_\_\_



**DESCRIBE YOUR HIP PROBLEM/COMPLAINT (circle all that apply)**

\_\_\_ **Pain Where?** Groin (front) Buttock Thigh Outside of hip area  
Other: \_\_\_\_\_

**Severity?** Occasional Mild Moderate Severe  
At Rest Awakes you at night?

**Does the pain go down your leg?** Yes No **Below the ankle?** Yes No

**What activities hurt your hip(s)?**

stairs squatting sitting putting on shoes/socks driving intimacy

**Do you walk with a limp?** Yes No

**Do you walk with a:** Cane Walker Crutches

**How far can you walk?** Unlimited ½ mile 100 yards indoors only

**Other hip symptoms?** swelling redness morning stiffness weather-related pain

\_\_\_ **Other joint complaints (describe)** \_\_\_\_\_

**PRESENT ACTIVITY LEVEL: (Check highest level manageable)**

- \_\_\_ Total incapacity
- \_\_\_ Able to do activities of daily living, but unable to participate in activities outside home
- \_\_\_ Able to participate in social activities outside the home, some activities are limited by pain
- \_\_\_ Able to do regular social and recreational activities with occasional pain
- \_\_\_ Able to do all social and recreational activities, including sports without pain

**HAVE YOU HAD THIS PROBLEM/SIMILAR COMPLAINT BEFORE?** (circle) Yes No

If yes, who treated you? \_\_\_\_\_ Which office? \_\_\_\_\_

When? \_\_\_/\_\_\_/\_\_\_ to \_\_\_/\_\_\_/\_\_\_ Did you have any relief? \_\_\_\_\_

What were you told your problem was? \_\_\_\_\_

\_\_\_\_\_

**HAVE ANY X-RAYS BEEN TAKEN FOR YOUR HIP(S) ? (circle) Yes No**

If yes, where were the x-rays taken? \_\_\_\_\_

When were the x-rays done? \_\_\_\_\_

**OTHER TESTS:**

|                           | <u>Where</u> | <u>When</u> |
|---------------------------|--------------|-------------|
| Bone Scan                 | _____        | _____       |
| CT Scan                   | _____        | _____       |
| MRI Scan                  | _____        | _____       |
| Arthrogram (dye test)     | _____        | _____       |
| Aspiration(fluid removed) | _____        | _____       |
| Biopsy (tissue removed)   | _____        | _____       |
| Blood Test(s)             | _____        | _____       |

**DESCRIBE ANY TREATMENT YOU HAVE HAD FOR THIS PROBLEM:**

\_\_\_ Medication(s) Name: \_\_\_\_\_ dose: \_\_\_\_\_  
\_\_\_\_\_

\_\_\_ Physical Therapy Where: \_\_\_\_\_ When: \_\_\_\_\_ to \_\_\_\_\_

\_\_\_ Injection(s) Where were you injected: outside of hip? inside hip joint? (circle)  
How many injections: 1 2 3 more than 3 (circle)

\_\_\_ Surgery Surgeon: \_\_\_\_\_ When: \_\_\_\_\_ Where: \_\_\_\_\_  
What was found? \_\_\_\_\_  
\_\_\_\_\_

**MARK YOUR TYPICAL DAILY PAIN LEVEL ON THIS LINE:**

**"L" for lowest "P" for present "H" for highest**

1 -----5-----1  
No pain Worst possible pain

**CURRENT SPORTS PARTICIPATION:** (circle) Walking Hiking Running Cycling Swimming  
Canoe/Kayak Skiing Baseball/Softball Basketball Soccer Rugby Tennis Other: \_\_\_\_\_

**What are your goals for today's visit?** (please write out any questions you have for your Doctor)

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Patient signature \_\_\_\_\_ Staff signature \_\_\_\_\_ Date \_\_\_/\_\_\_/\_\_\_