MONDAY
Soup—Roasted Red Pepper & Tomato Bisque ......................... $2.50
Stew—Turkey Butternut Chili ........................................... $4.00
Taco Bowl .......................................................................... $4.75
Taco Beef, Black Beans, Corn & Rice, Coleslaw with Cilantro
Lime Dressing, Salsa Verde, Tortilla Strips
Turkey, Ham, Swiss Cheese and Honey Mustard on a
Croissant ........................................................................ $4.25
Special: Potato Crusted Red Fish ...................................... $5.75

TUESDAY
Soup—Curried Butternut Squash Bisque .............................. $2.50
Red-Curry Shrimp Bowl served with Veggies over
Brown Rice ........................................................................ $5.75
Special: Vegetarian Shepherd’s Pie ..................................... $4.00

WEDNESDAY
Soup—Vegetarian Com Chowder* ...................................... $2.50
Soup—Chicken Gumbo ...................................................... $2.50
Grilled Vegetable Ravioli with Vermont Fresh Sun-dried Tomato
Pesto, White Wine served with Fresh Spinach tossed with
Balsamic Vinaigrette, Walnuts, Vermont Apples and
Gorgonzola Cheese .......................................................... $4.50
Turkey, Cheddar and cranberry mayo on a Croissant ........ $4.25
Special: Fish of the Day ................................................... $5.75

* All gluten-free soups are prepared without gluten, in
accordance with the FDA definition of gluten free. The
University of Vermont Medical Center is not a gluten
free facility.

THURSDAY
Soup—Bean and Kale with Sausage .................................... $2.50
Macaroni and Cheese ....................................................... $2.25
With Ham .......................................................................... $3.95
With Broccoli .................................................................... $2.75
Special: Roasted Chicken ................................................ $5.25

FRIDAY
Soup—New England Clam Chowder* ................................. $2.50
Soup—Vegetarian Chili ..................................................... $4.00
Greek Salad with Falafel .................................................... $4.50
Romaine lettuce mixed with mesclun greens tossed in a lemon
vinaigrette and garnished with olives, Feta cheese, red onions,
& cucumbers served with or without Falafel
Coyote Quesadilla with Refried Beans, Green Chilies, Smoked
Cheddar, Diced Tomatoes, on a Whole Wheat Wrap. Served
with guacamole/ sour cream mix ..................................... $4.00
Fish of the Day ................................................................. $5.75

SATURDAY
Soup— du Jour ................................................................. $2.50
Pork Tenderloin with Fruit Salsa served with Potatoes ...... $5.75

SUNDAY
Soup— du Jour ................................................................. $2.50
Chef’s Choice Chicken Special ......................................... $5.25
Turkey, Cheddar and cranberry mayo on a Croissant ........ $4.25
Harvest Café
Menu for the week of October 26, 2020, Cont.

ALWAYS AVAILABLE

Off the Grill—Breakfast (6:00 am—10 am)

One Scrambled Egg .................................................. $0.75
   Add Cheddar Cheese ............................................. $1.25
   Add Vegetable and Cheese .................................. $2.10

Two Scrambled Eggs ................................................. $1.50
   Add Cheddar Cheese ............................................. $2.00
   Add Vegetables with Cheese ............................. $2.85
   Add Vegetable ..................................................... $2.35

Egg Sandwich on Whole Wheat English Muffin
   Egg and Cheddar Cheese .................................. $2.05
   Egg, Vegetable and Cheddar Cheese .................... $2.30
   Egg, Sausage and Cheddar Cheese .................... $4.05
Local Maple Sausage ............................................. $1.95
Home Fries .......................................................... $1.25

Mondays and Wednesdays only

Egg sandwich on croissant
   Egg and Cheddar Cheese .................................. $2.75
   Egg, Vegetable and Cheddar Cheese .................... $3.25
   Egg, Sausage and Cheddar Cheese .................... $4.75

Off the Grill—Lunch and Dinner

Grilled Cheddar Cheese on VT Bread Co.
Whole Wheat Bread ............................................... $2.15
Grilled Cheddar Cheese w/ choice of toppings
   (onions, mushrooms, peppers) .......................... $2.50
Charbroiled Beef Patty ........................................ $2.65
Chicken Breast—plain or Cajun .............................. $3.15
Salmon Fillet ........................................................ $4.00
Southwest Black Bean Burger ............................... $2.30
Addition Charges:
   Whole Wheat Roll .......................................... $0.75
Choice of unlimited toppings ............................... $0.75
Extra Cheese ...................................................... $0.50

Vegetable of the Day .............................................. $1.00

* All gluten-free soups are prepared without gluten, in accordance with the FDA definition of gluten free. The University of Vermont Medical Center is not a gluten free facility.

OPEN SEVEN DAYS 5:00 AM—3:00 AM

MENU & PRICING SUBJECT TO CHANGE