## Harvest Café

**Menu for the week of September 7, 2020**

### MONDAY

- Soup—Roasted Garlic and Cauliflower .................................. $2.50
- Southwestern Chicken Bowl .................................................. $4.75
  - Braised Chicken Thighs, Black Beans & Rice, Coleslaw
  - With Cilantro Lime Dressing, and Avocado Cream
- Panini—Turkey, Cheddar and cranberry mayo on a Croissant .......... $4.25
- Special: Potato Crusted Red Fish ......................................... $5.75

### TUESDAY

- Soup—Mulligatawny* ............................................................ $2.50
- Caesar Salad ........................................................................ $3.95
- Chicken Caesar Salad .......................................................... $5.25
- Special: Vegetarian Shepherd's Pie .................................... $4.00

### WEDNESDAY

- Soup—Corn Chowder* .......................................................... $2.50
- Sautéed Chicken or Vermont Soy Tofu with Curry Rice and Fresh Vegetables .................................................. $4.50
- Special: Fish of the Day ......................................................... $5.75
- Panini—Ham, Swiss and Honey Mustard on
  - A Croissant ....................................................................... $4.25

### THURSDAY

- Soup—Bean and Kale with Sausage ....................................... $2.50
- Homemade Macaroni and Cheese ........................................ $2.25
  - With Broccoli .................................................................. $2.75
  - With Ham ....................................................................... $3.95
- Special: Roasted Chicken ..................................................... $5.25

### FRIDAY

- Soup—New England Clam Chowder* ...................................... $2.50
- Tortellini Puttanesca—VT Fresh Pasta Co., Tortellini, Roasted Garlic, Onions, Capers, Black olives and Marinara Sauce... $4.50
- Coyote Quesadilla with Refried Beans, Green Chilies, Smoked Cheddar, Diced Tomatoes, on a Whole Wheat Wrap, Served with guacamole/ sour cream mix ........................................ $4.00
- Special: Fish of the Day ......................................................... $5.75

### SATURDAY

- Soup—du Jour ...................................................................... $2.50
- Pork Tenderloin with Fruit Salsa served with Potatoes .......... $5.75

### SUNDAY

- Soup—du Jour ................................................................. $2.50
- Chef’s Choice Chicken Special
  - Vegetable ....................................................................... $5.25
- Panini—Ham, Swiss and Honey Mustard on
  - A Croissant .................................................................... $4.25

* All gluten-free soups are prepared without gluten, in accordance with the FDA definition of gluten free. The University of Vermont Medical Center is not a gluten free facility.

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**OPEN SEVEN DAYS 5:00 AM—3:00 AM**

**MENU & PRICING SUBJECT TO CHANGE**
ALWAYS AVAILABLE

Off the Grill—Breakfast (6:00 am—9:30 am)
One Scrambled Egg ................................................. $0.75
Add Cheddar Cheese ............................................... $1.25
Add Vegetable and Cheese ................................. $2.10
Two Scrambled Eggs ............................................. $1.50
Add Cheddar Cheese ............................................. $2.00
Add Vegetables with Cheese ......................... $2.85
Add Vegetable ...................................................... $2.35
Egg Sandwich on Whole Wheat English Muffin
  Egg and Cheddar Cheese ................................... $2.05
  Egg, Vegetable and Cheddar Cheese ............... $2.30
  Egg and Sausage with Cheddar Cheese .......... $4.05
Local Maple Sausage .......................................... $1.95
Home Fries ......................................................... $1.25

Mondays and Wednesdays only
Egg sandwich on croissant
  Egg and Cheddar Cheese ................................. $2.75
  Egg, Vegetable and Cheddar Cheese .......... $3.25
  Egg, Sausage and Cheddar Cheese .......... $4.75

Off the Grill—Lunch and Dinner
Grilled Cheddar Cheese on VT Bread Co.
Whole Wheat Bread ............................................... $2.15
Grilled Cheddar Cheese w/ choice of toppings
  (onions, mushrooms or peppers) ............... $2.50
Charbroiled Beef Patty ............................... $2.65
Chicken Breast—plain or Cajun .................. $3.15
Salmon Fillet .................................................... $4.00
Southwest Black Bean Burger ................. $2.30
Additional Charges:
  Whole Wheat Roll .............................................. $0.75
  Choice of unlimited toppings ................... $0.75
  Extra Cheese .................................................... $0.75
  Vegetable of the Day ................................. $1.00

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