

The Genomic DNA Test “NEXT STEPS” Saliva Kit

1. View the test overview video and review the test information documents on our website: <https://uvmhealth.org/GenomicDNAtest>. These are the same documents you may have received in your provider’s office as the “Patient Information Packet.”
2. If you would like **more information** or have concerns before getting the test, contact the Genomic Medicine Resource Center:
Email: DNAtest@uvmhealth.org or
Phone: (802) 847-8135.
3. When you feel that you have enough information and are ready to get the Genomic DNA test done, **complete and sign the “Clinical Genomic DNA Test Consent” form**. This one-page form is in the packet you received at your primary care provider’s office. It can also be downloaded from the website above using the “[Informed Consent Form](#)” link and printed locally.
4. **Place the signed consent form** into the Invitae shipping container you will use to ship your saliva sample. ***The sample will not be processed unless a signed consent form is received with it, or is already on file at your provider’s office.***
5. **Watch the video** on how to provide a saliva (spit) sample: <https://patient-support.invitae.com/hc/en-us/articles/360001530888-How-do-I-provide-a-saliva-sample-> or Google “Invitae saliva instructions”. There is also a **step-by-step information card** in the collection kit. Please pay attention to what *not* to do shortly before you provide your sample.
6. **Label your sample tube** completely, and **provide a saliva sample**. Then package it in the Invitae box according to the instructions. Don’t forget to include the signed informed consent form.
7. Follow the instructions in the box to **package and send the kit to Invitae using the pre-paid shipping label**. Don’t delay. Please send the saliva sample as soon as possible after collection.

Your Genomic DNA test results will be available in about a month. Your primary care provider’s office will contact you when they are available to review with your provider.

Thank you for helping us make this process a success!

Sincerely,

The UVM Health Network Genomic Medicine Team and Family Medicine Group